



## DuPage County Prevention Leadership Team Monthly Meeting

Wednesday, April 30, 2025

9:00am-10:30am

ZOOM

### Meeting Minutes

#### Members Present

<input type="checkbox"/> Sheila Adamo	Your Story Counseling	Healthcare Prof.
<input type="checkbox"/> Aisha Achesah	Advocate Health	Healthcare Prof.
<input type="checkbox"/> Katie Anderson	Gateway Foundation	Healthcare Prof.
<input type="checkbox"/> Andrew Anselm	DuMEG	Law Enforcement
<input type="checkbox"/> Jim Barber	DuCAP	Youth-Serving
<input type="checkbox"/> Betsy Boesch	DCHD	Local Government
<input type="checkbox"/> Jarrett Burton	Serenity House	Healthcare Prof.
<input type="checkbox"/> Mark Buschbacher	Serenity House	Healthcare Prof.
<input type="checkbox"/> Alicia Carlisle-Camacho	National Council for Mental Wellbeing	Youth-Serving
<input type="checkbox"/> Matt Cassity	360 Youth Services	Youth Serving
<input type="checkbox"/> Molly Beck Dean	WeGo Together for Kids	Youth-serving
<input checked="" type="checkbox"/> Leia Der	DCHD	Local Gov't.
<input type="checkbox"/> Kevin Dixon	DCHD	Local Gov't
<input checked="" type="checkbox"/> Mimi Doll	DuPage Federation	Other Org.
<input type="checkbox"/> Deb Duvair	DuPage Community Foundation	Other Org
<input type="checkbox"/> Domincia Dybas	DEA	Law Enforcement
<input checked="" type="checkbox"/> Hannah Ewoldt	NEDFYS	Youth-Serving
<input checked="" type="checkbox"/> Steve Flint	Flint Architects	Business
<input checked="" type="checkbox"/> Katie Gallagher	Robert Crown	Youth-Serving
<input checked="" type="checkbox"/> Samantha Gannon	AAIM	Other Organization
<input type="checkbox"/> Concha Garza	Addison NRC	Youth
<input type="checkbox"/> Jazmin Garza	Carol Stream PD	Law Enforcement
<input type="checkbox"/> Sherilyn Hebel	KidsMatter	Other Org.
<input type="checkbox"/> Jennifer Hess	Juvenile Justice Council	Youth-Serving
<input type="checkbox"/> Brenda Huber	Bloomington 708 Board	Other Org.
<input checked="" type="checkbox"/> Nicole Jordan	Teen Parent Connection	Youth-serving
<input type="checkbox"/> Dr. Dana Kalombo	Gentle Healer Acupuncture	Business
<input type="checkbox"/> Scott Kaufmann	DCHD	Local Gov't

<input type="checkbox"/> Khadija Khan	Wheaton PD	Law Enforcement
<input type="checkbox"/> Geri Kerger	NAMI DuPage	Other Org.
<input type="checkbox"/> Alan Knudson	DUMEG	Law Enforcement
<input checked="" type="checkbox"/> Anthony Kozi	DUMEG	Law Enforcement
<input checked="" type="checkbox"/> Kristin Kramer	IL PTA	Parent
<input type="checkbox"/> Elisa Lara	VNA Healthcare	Healthcare
<input checked="" type="checkbox"/> Nikki Lay	Breaking Free	Youth-Serving
<input type="checkbox"/> Deb Lewin	Path to Recovery	Other Org.
<input type="checkbox"/> Joe Lindt	DuPage State's Attorney	Local Government
<input type="checkbox"/> Jodi Macaluso	AMITA	Healthcare
<input type="checkbox"/> James McGreal	Downers Grove PD	Law Enforcement
<input type="checkbox"/> Becky McFarland	DCHD	Local Government
<input checked="" type="checkbox"/> Nina Menis	KidsMatter	Other Organization
<input type="checkbox"/> Felicia Miceli	Serenity House	Other Organization
<input type="checkbox"/> Crystal Milliner	DCHD	Local Gov't
<input checked="" type="checkbox"/> Mike Murray	Bloomingtondale Mental Health Auxiliary	Civic
<input checked="" type="checkbox"/> Elizabeth Murphy	DCHD	Local Gov't.
<input type="checkbox"/> Emily Murskyj	DCHD	Local Gov't.
<input type="checkbox"/> Rabia Mukhtar	DCHD	Local Gov't.
<input type="checkbox"/> Patrick Nakamura	Teen Parent Connection	Other Org.
<input type="checkbox"/> Krystyna Olejnyik	Dayrise Wellness	Other Org.
<input type="checkbox"/> Patty O'Malley	HAS Cares	Youth-Serving
<input checked="" type="checkbox"/> Nora Ortinou	DCHD	Local Government
<input type="checkbox"/> Karin Podolski	Northwestern Medicine	Healthcare
<input type="checkbox"/> Alex Pulaski	DCHD	Local Government
<input type="checkbox"/> Eric Pulia	Nat'l Guard	Local Government
<input checked="" type="checkbox"/> Amber Quirk	DuPage ROE	School
<input checked="" type="checkbox"/> Xrystina Rahn	Stef's Corner	Parent
<input type="checkbox"/> Alison Ramirez	GEPD	Law Enforcement
<input type="checkbox"/> Daniel Riemenschneider	Bloomingtondale Church	Faith-based
<input checked="" type="checkbox"/> Gilda Ross	Glenbard High Schools	School
<input type="checkbox"/> Tricia Rossi	Hanover Park PD	Law Enforcement
<input type="checkbox"/> Angelika Rupp	St. Francis	School
<input type="checkbox"/> Becky Sadler	Rosecrance	Healthcare Prof.
<input type="checkbox"/> Travis Satterlee	Heritage	Health Professional
<input type="checkbox"/> Lynn Schmidt	St. Francis	School
<input type="checkbox"/> Elise Schram	360 Youth Services	Youth-Serving
<input type="checkbox"/> Jennifer Simmons	Northwestern Med.	Healthcare
<input checked="" type="checkbox"/> Mary Soemo	Tri-Town YMCA	Other-org.
<input checked="" type="checkbox"/> Jennifer Solis	Community Engagement	Other-org.
<input type="checkbox"/> Danny Sourbis	ROSC	Other-org.
<input type="checkbox"/> Amit Thakker	Referral GPS	Other Org.
<input checked="" type="checkbox"/> Mila Tsagalis	DCHD	Healthcare
<input checked="" type="checkbox"/> Brittany Tyler	Your Story Counseling	Other Org.
<input type="checkbox"/> Valeri Varju	Birth to Five	Youth-Serving

<input type="checkbox"/> Sarita Velez	Healthcare Alternative Systems	Healthcare
<input checked="" type="checkbox"/> Annette Villarea	Serenity House	Healthcare Prof.
<input type="checkbox"/> Krista Webb	DCHD	Healthcare
<input checked="" type="checkbox"/> Carolyn Wahlskog	DCHD	Healthcare
<input checked="" type="checkbox"/> Ida Westlove	Streamwood Behavioral Health	Healthcare
<input type="checkbox"/> Erin White	B.R. Ryall YMCA	Youth-Serving
<input checked="" type="checkbox"/> Karli Wilson	Teen Parent Connection	Other-Organization

#### **Guests/New Members:**

Deacon, Paige, Erin – Epiphany Community Services

Jody Heavilin, Prevention First

#### **I. Welcome/Introductions – Katie Gallagher, Co-Chair (9:00am-9:10am)**

- The meeting began at 9:00am. Katie welcomed everyone and asked them to introduce themselves.

#### **II. Alcohol Awareness Month – Samantha Gannon, Director of Prevention and Education, AAIM (9:10am-9:25am)**

- Samantha Gannon from Alliance Against Intoxicated Motorists (AAIM) shared alcohol-related data in observance of Alcohol Awareness Month.
- A few examples of the data that was shared include:
  - Over 20% of fatal crashes in Illinois are alcohol-related (2023)
  - Of Illinois adult drivers killed in crashes, 37.3% had a BAC of .01 or higher (2023)
  - Of Illinois teen drivers killed in crashes, 30% had a BAC of .01 or higher (2023)
  - Alcohol-related ER visits in Illinois were 2x the number of visits due to cannabis and opioids
- The full presentation will be included with the minutes.
- AAIM expressed interest in expanding their alcohol and distracted driving education to more schools in DuPage County.
  - Anyone who is interested in coordinating a presentation from AAIM can email Samantha Gallagher-Gannon at [Sgallagher.aaim@gmail.com](mailto:Sgallagher.aaim@gmail.com).
- For more information about AAIM, visit [www.aaim1.org](http://www.aaim1.org).

#### **III. Community Action Alerts – Jody Heavilin, Alcohol Policy Resource Center, Prevention First (9:25am-9:45am)**

- Jody Heavilin provided an update on several different community action alerts related to alcohol prevention.
- Prevention First recommends the following policies to create positive change:
  - Increasing alcohol taxes
  - Changing BAC requirement for DUI from .08 to .05
  - Regulating non-alcohol beverages to 0.5% ABV
  - Adding cancer warning labels to alcohol containers
  - Mandating an ABV cap on alco-pops
- Prevention First also recommends the following advocacy efforts:
  - Ask for all alcohol funding to be level-funded

- Coordinate efforts with USAPA and CADCA
- Sign the Addiction Science Defense Network's Statement of Concern
- Jody mentioned that SAMHSA and CDC are facing significant layoffs, so it's unsure what information will be available regarding substance use in the future.
- The full presentation will be included with the minutes.
  - If you are interested in viewing any specific materials from the presentation, please email Jody at [Jody.Heavilin@prevention.org](mailto:Jody.Heavilin@prevention.org).

#### **IV. Student Focus Groups and Logic Models – Epiphany Community Services (9:40am-10:10am)**

- Epiphany provided an update on youth focus groups that were recently conducted in Addison and West Chicago and creation of the PLT's logic model for youth.
- In February and March, a total of six focus groups were conducted with approximately 66 students in attendance. The questions revolved around substance use and mental health.
- A complete summary of the focus group results will be included with the minutes.
- Epiphany's next steps for these focus groups include:
  - Schedule meetings to talk with school districts about their individual data from the focus groups
  - Follow up with schools to share information with students who participated
  - Identify areas for additional information and support
  - Convene appropriate partners to discuss capacity to provide support for those districts based on the focus group data and conversations
  - Develop a process and schedule for additional data collection as necessary/appropriate.
- **To help Epiphany finalize the youth logic model, please complete the following survey by Friday, May 9<sup>th</sup>:** <https://epiphanycommunityservices.research.net/r/3HG76PB>
  - Choose one priority area that the PLT should focus its work on for each sector.

#### **V. Updates/Upcoming Events – Amber Quirk, Co-Chair (10:25am-10:30am)**

- **Upcoming Health Observances**
  - 988 Yard Sign Campaign
    - Teens and community partners distributed 988 yard signs throughout their communities.
  - 988 Mass Media Campaign
    - PLT and BHC are re-launching the digital 988 campaign on TikTok and YouTube during the month of May to target teens and young adults.
  - SAMSHA's 988 Partner Toolkit
    - SAMSHA's 988 Partner Toolkit is now available and includes a wide range of materials—social media graphics, videos, print assets, FAQs, messaging guidance, and more.
    - These tools are designed to help promote the 988 Suicide & Crisis Lifeline and can be customized or used in conjunction with your community coalition efforts to meet the needs of your specific audiences.

- In addition to SAMHSA's toolkit, is the DuPage County Health Department's (DCHD) Mental Health toolkit. This is a local resource that includes additional materials you may find useful for your community outreach.
  - Jorie will send the link out to access these toolkits with the meeting minutes
- Mental Health Cards
  - These are available for community partners to distribute within their networks.
  - These cards offer various stress reduction techniques such as guided imagery, deep breathing, progressive relaxation, positive self-talk, practicing gratitude, as well as local and national resources.
- **GPS Upcoming Events**
  - May 1 GPS event – Dr. Johnathan Singer – Suicide Signs and Symptoms: Let's Talk About It
    - Open to the public at the Carol Stream Public Library from 6:15pm-8pm
    - Free health screenings, resource tables, raffle prizes, and keynote speaker, Dr. Johnathan Singer.
  - May 6 GPS event – Dr. Ronald Ferguson - Early Childhood Event - Everyday Principles to Grow Happy, Healthy and Smart Young Children
    - Open to the public at Bloomingdale Public Library from 6:30pm-8:15pm
    - Free childcare, light snacks, and keynote speaker, Dr. Ronald Ferguson
- **Giving DuPage Day – May 1**
  - DuPage Health Matters (DHM), the department's 501(c)(3) charity, is raising money to fund operating costs of the Crisis Recovery Center
- **Teen PhilanthroParty**
  - This year's Teen PhilanthroParty will be June 17 from 1-3pm at College of DuPage
  - All high school aged teens are welcome to attend to be inspired about how small choices today can create a brighter tomorrow!
  - Price of admission will be material donations to Stef's Corner (stress balls, coloring books, journals with prompts, etc.)
    - Stef's Corner was developed to support teen mental health
- **Community Survey**
  - PLT is re-launching their community survey in English and Spanish
  - Data collected through this survey will help the PLT in making data driven decisions, apply for additional grant funding, and better understand the needs related to youth substance use and mental health in DuPage.
  - Please participate in this survey and share within your contacts.

**The next PLT Monthly Meeting will take place on Wednesday, May 28<sup>th</sup> IN PERSON at the Linda A. Kurzawa Community Center – 115 N County Farm Rd. Wheaton**

**Meeting minutes were written by Lisa Lerner and edited by Jordan Esser. Please email Jordan at [jordan.esser@dupagehealth.org](mailto:jordan.esser@dupagehealth.org) with any changes or questions.**