

Dear Parents or Guardians,

We are writing to provide further clarity around an important amendment that was made to Illinois School Code last January. [Public Act 102-0321](#) permits students to take up to five mental or behavioral health days per year and was effective January 1, 2022.

Several key components of this legislation include:

- The number of mental health days that a student can take annually is capped at 5.
- Mental health days are considered excused absences and students will have the opportunity to complete any missed coursework.
- After a student takes 2 mental health days, school personnel will reach out to determine if any extra support services are needed or may be of benefit to the student.

We are pleased that Public Act 102-0321 aligns with the work that we are already doing in our **(DISTRICT/SCHOOL)** in the following ways:

- It provides another layer of social, emotional, and behavioral support for our students.
- It helps us better understand the current needs and potential future needs for counseling and support services amongst our students
- It helps us to better understand the overall mental and behavioral health needs of our students and note the frequency in the use of these days and the manner in which they are being used.

If you have any further questions about this legislative amendment, please do not hesitate to **(INSERT CONTACT INFORMATION)**.

Sincerely,